### Events in BLUE highlight are confirmed.

'To be confirmed' events require race directors. Registration will open once a race director has been confirmed for the event. If not, it will be cancelled due to lack of support.

| Date, 2016             | Time         | Name of Event   | Distance/s                                 | Event Type                          | Location  | Registration link  |
|------------------------|--------------|---|--|-------------------------------------|---|--|
| Each Saturday morning  | 7.00am       | Cairns parkrun  | 5km  | parkrun                             | Fun ship parklands, Esplanade                   |  |
| Mon, 04 Jan            | 6.00pm       | FREE Monthly Monday Magic Mile  | 1.6km                                      | Road race                           | Muddy's Café, Esplanade                         |  |
| Wed, 13 Jan – 30 March | 5.30pm       | Dynamic in a Dress Running Festival Free Training sessions (FREE if you entered the race) | various                                    | Training, road                      | Goomboora Park                                  |  |
| Sat, 16 Jan            | 4.30pm       | Smithfield Trail training run   | 5-8km                                      | Training, trail                     | Smithfield Conservation Park,<br>Macgregor Road |  |
| Sun, 17 Jan            | 8.00am       | Atherton Running Clinic   | 5-16km                                     | Training, road                      | Evans Park, Evans Road, Atherton                | https://regonline.activeglobal.co<br>m/athertonclinics2016     |
| Sun, 24 Jan            | 6.00am       | Short & Middle Distance Series #1, Race 1 of 2  | 10km, 5km, 3km                             | Road race                           | Deadman's Gully, Clifton Beach                  | https://regonline.activeglobal.co<br>m/10kseries2016no1        |
| Mon, 01 Feb            | 6.00pm       | FREE Monthly Monday Magic Mile  | 1.6km                                      | Road race                           | Muddy's Café, Esplanade                         | Register at the event  |
| Sat, 06 Feb            | 9am-3pm      | Cairns Greatest Sign On   | n/a  | Sign on                             | Cairns Reef Terminal                            |  |
| Sun, 07 Feb            | 6.00am       | Short & Middle Distance Series #1, Race 2 of 2  | 10km, 5km, 3km                             | Road race                           | Deadman's Gully, Clifton Beach                  | https://regonline.activeglobal.co<br>m/10kseries2016no1        |
| Sat, 13 Feb            | 4.30pm       | Smithfield Trail training run   | 5-8km                                      | Training, trail                     | Smithfield Conservation Park,<br>Macgregor Road |  |
| Mon, 15 Feb            | 5.30pm       | Atherton Running Clinic   | 5-16km                                     | Training, road                      | Evans Park, Evans Road, Atherton                | https://regonline.activeglobal.co<br>m/athertonclinics2016     |
| Mon, 22 Feb            | 5.30pm       | Atherton Running Clinic   | 5-16km                                     | Training, road                      | Evans Park, Evans Road, Atherton                | https://regonline.activeglobal.co<br>m/athertonclinics2016     |
| Sat, 20 Feb            | 10am-<br>2pm | South Side Sign On  | n/a  | Sign on                             | Mt Sheridan Plaza                               |  |
| Sat, 27 Feb            | 4.30pm       | Smithfield Trail race   | 5-8km                                      | Trail race                          | Smithfield Conservation Park, Mac gregor Rd     | https://regonline.activeglobal.co<br>m/smithfield2016          |
| Sat-Sun, 05-06 March   | 12.00pm      | March Running Training weekend  | n/a  | Social                              | твс   | https://regonline.activeglobal.co<br>m/runningtrainingcamp2016 |
| Sun, 06 March          | 8.00am       | Atherton Forest Race  | 9km, 4km                                   | Trail race,<br>fundraiser           | Atherton  | https://regonline.activeglobal.co<br>m/atherton2016            |
| Sun, 06 March          | 10.00am      | Atherton Running Clinic   | 5-16km                                     | Training, road                      | Evans Park, Evans Road, Atherton                | https://regonline.activeglobal.co<br>m/athertonclinics2016     |
| Mon, 07 March          | 6.00pm       | FREE Monthly Monday Magic Mile  | 1.6km                                      | Road race                           | Muddy's Café, Esplanade                         | Register at the event  |
| Fri, 18 March          | 7.00pm       | Club Social (theme to be announced)   | n/a  | Social                              | Edge Hill                                       | https://regonline.activeglobal.co<br>m/social12016             |
| Sun, 20 March          | 7.00am       | Bentley Park Race   | 16km, 10km, 5km,<br>Family Fun<br>Run/Walk | Road race                           | ТВС   | https://regonline.activeglobal.co<br>m/bentleypark2016         |
| Fri, 01 Apr            | 6.30pm       | 2nd Dynamic in a Dress Running Festival   | Social                                     | Festival Mocktails & Pamper session | Cairns Colonial Club Resort                     | https://regonline.activeglobal.co<br>m/dynamicinadress2016     |
| Sat, 02 Apr            | 4.30pm       | 2nd Dynamic in a Dress Running Festival   | 5km,Family Fun<br>Run/Walk                 | Road Race/ Fun Run                  | Redlynch Intake Road                            | https://regonline.activeglobal.co<br>m/dynamicinadress2016     |
| Fri-Sat, 01-02 Apr     | 6.30pm       | 2nd Dynamic in a Dress Running Festival   | Social                                     | Pasta Party & Race<br>Plan          | Cairns Colonial Club Resort                     | https://regonline.activeglobal.co<br>m/dynamicinadress2016     |

# 2016 Dynamic Running Calendar

| Sun, 03 Apr             | 6.30am | 2nd Dynamic in a Dress Running Festival                                | 21.1km, 10km                      | Road race                      | Redlynch Intake Road                         | https://regonline.activeglobal.co<br>m/dynamicinadress2016          |
|-------------------------|--------|--|-----------------------------------|--------------------------------|--|---|
| Mon, 04 Apr             | 6.00pm | FREE Monthly Monday Magic Mile 1.6km Road race Muddy's Café, Esplanade |                                   | Muddy's Café, Esplanade        | Register at the event                        |   |
| Wed, 13 Apr -18 May     | 5.30pm | Beginner Runners' Clinics  | Up to 5km                         | Training                       | Greenslopes Street                           | https://regonline.activeglobal.co<br>m/learn2run2016                |
| Sun, 24 Apr             | 7.00am | 3rd Paws on the Path Fundraiser Fun Run/Walk                           | 5km, 10km, Family<br>Fun Run/Walk | Fun Run, fundraiser            | Fun ship parklands, Esplanade                | https://regonline.activeglobal.co<br>m/pawsonthepath2016            |
| Mon, 02 May             | 6.00pm | FREE Monthly Monday Magic Mile   | 1.6km                             | Road race                      | Muddy's Café, Esplanade                      | Register at the event   |
| Sun, 08 May             | 7.00am | FREE Training Run: Kauris Half Marathon                                | 18km                              | Training run                   | Speewah campground                           |   |
| Tue, 24 May             | 7.30pm | Dynamic Running 2nd Anniversary Dinner                                 | n/a                               | Social                         | Cairns Colonial Club Resort                  |   |
| Sun, 29 May             | 7.00am | FREE Training Run: Speewah to Cedar Park (Day 1 of 3M3D) training run  | 10km, 21.1km                      | Training run                   | Kuranda Visitor's Centre                     |   |
| Sun, 05 June            | 7.00am | FREE Training Run: Marathon 2 of 3M3D                                  | 35km                              | Training run                   | Cedar Park Road                              |   |
| Mon, 06 June            | 6.00pm | FREE Monthly Monday Magic Mile   | 1.6km                             | Road race                      | Muddy's Café, Esplanade                      | Register at the event   |
| Fri, 10 June            | 7.00pm | Club Social (theme to be announced)                                    | n/a                               | Social                         | Edge Hill                                    | https://regonline.activeglobal.co<br>m/social22016                  |
| Sun, 19 June            | 8.00am | FREE Training Run: Cairns Marathon (18+ only)                          | 42km +                            | Training run,<br>Trail/Road    | Clohsey River Road to base of Lake<br>Morris |   |
| Sun, 26 June            | 7.00am | NQ Games   | tbc                               | Trail race                     | Cairns                                       |   |
| Mon, 04 July            | 6.00pm | FREE Monthly Monday Magic Mile   | 1.6km                             | Road race                      | Muddy's Café, Esplanade                      | Register at the event   |
| Thurs, 07 July          | 6.30pm | 3M3D Pasta Party   | n/a                               | Social                         | Cairns Colonial Club Resort                  |   |
| Fri, 08 July            | 7.30am | 2nd Kauri Half Marathon (16+ only, conditions apply)                   | 21.1km                            | Trail race,<br>fundraiser      | Coondoo Street, Kuranda                      | https://regonline.activeglobal.co<br>m/3M3D2016                     |
| Fri & Sun, 08 & 10 July | 7.30am | 2nd 1&1/2(18+ only)  | 63.3km                            | Trail race,<br>fundraiser      | Kuranda / Tablelands / Cairns                |   |
| Fri-Sun, 08-10 July     | 7.30am | 5th 3 Marathons in 3 Days (18+ only)                                   | 126.6km                           | Trail race,<br>fundraiser      | Kuranda / Tablelands / Cairns                |   |
| Sun, 10 July            | 7.30am | 5th Cairns Marathon (18+ only)   | 42.2km                            | Trail/Road race,<br>fundraiser | Cedar Park, Cedar Park Road                  |   |
| Wed, 13 July -17 Aug    | 5.30pm | Beginner Runners' Clinics  | Up to 5km                         | Training                       | Greenslopes Street                           | https://regonline.activeglobal.co<br>m/learn2run2016                |
| Mon, 01 Aug             | 6.00pm | FREE Monthly Monday Magic Mile   | 1.6km                             | Road race                      | Muddy's Café, Esplanade                      | Register at the event   |
| Sun, 14 Aug             | 9.00am | 6th Kuranda to Port Douglas 64km Trail Race (18+<br>only)              | 64km or relay                     | Trail race                     | Black Mountain Rd/Kennedy Highway            | https://regonline.activeglobal.co<br>m/k2pd2016                     |
| Sun, 14 Aug             | 9.00am | 6th Bump to Beach Trail Race (16+ only, conditions apply)              | 16km                              | Trail race                     | Top of Bump, Black Mountain Rd               | https://regonline.activeglobal.co<br>m/k2pd2016                     |
| Fri, 19 Aug             | 7.00pm | Club Social (theme to be announced)                                    | n/a                               | Social                         | Edge Hill                                    | https://regonline.activeglobal.co<br>m/social32016                  |
| Sat, 27 Aug             | 7.00am | Cairns parkrun, 3rd Anniversary  | 5km                               | parkrun                        | Fun ship, Esplanade                          |   |
| Sun, 28 Aug             | 7.00am | Short & Middle Distance Series #2, Race 1 of 2                         | 10km, 5km, 3km                    | Road race                      | Deadman's Gully, Clifton Beach               | https://regonline.activeglobal.co<br>m/10kseries2016no2             |
| Mon, 05 Sept            | 6.00pm | FREE Monthly Monday Magic Mile   | 1.6km                             | Road race                      | Muddy's Café, Esplanade                      | Register at the event   |
| Sun, 11 Sept            | 7.30am | Black Mountain Trail Race (16+ only), transport cost<br>extra          | 35km, 21.1km                      | Trail race                     | Black Mountain Road/Quaid Road               | https://regonline.activeglobal.co<br>m/blackmountain2016            |
| Sun, 18 Sept            | 8.00am | 3rd Regional Running Challenge   | 4km                               | Road Race,<br>fundraiser       | Cairns Esplanade, Fun ship parklands         | https://regonline.activeglobal.co<br>m/regionalrunningchallenge2016 |
| Sun, 25 Sept            | 7.00am | Short & Middle Distance Series #2, Race 2 of 2                         | 10km, 5km, 3km                    | Road race                      | Deadman's Gully, Clifton Beach               | https://regonline.activeglobal.co<br>m/10kseries2016no2             |

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| Wed, 28 Sept -2 Nov | 5.30pm | Beginner Runners' Clinics                      | Up to 5km      | Training  | Greenslopes Street             | https://regonline.activeglobal.co<br>m/learn2run2016    |
|---------------------|--------|--|----------------|-----------|--------------------------------|---|
| Mon, 03 Oct         | 6.00pm | FREE Monthly Monday Magic Mile                 | 1.6km          | Road race | Muddy's Café, Esplanade        | Register at the event                                   |
| Sun, 23 Oct         | 6.00am | Short & Middle Distance Series #3, Race 1 of 3 | 10km, 5km, 3km | Road race | Deadman's Gully, Clifton Beach | https://regonline.activeglobal.co<br>m/10kseries2016no3 |
| Mon, 07 Nov         | 6.00pm | FREE Monthly Monday Magic Mile                 | 1.6km          | Road race | Muddy's Café, Esplanade        | Register at the event                                   |
| Fri, 19 Nov         | 7.00pm | Club Social (theme to be announced)            | n/a            | Social    | Edge Hill                      | https://regonline.activeglobal.co<br>m/social42016      |
| Sun, 20 Nov         | 6.00am | Short & Middle Distance Series #3, Race 2 of 3 | 10km, 5km, 3km | Road race | Deadman's Gully, Clifton Beach | https://regonline.activeglobal.co<br>m/10kseries2016no3 |
| Mon, 05 Dec         | 6.00pm | FREE Monthly Monday Magic Mile                 | 1.6km          | Road race | Muddy's Café, Esplanade        | Register at the event                                   |
| Sun, 18 Dec         | 6.00am | Short & Middle Distance Series #3, Race 3 of 3 | 10km, 5km, 3km | Road race | Deadman's Gully, Clifton Beach | https://regonline.activeglobal.co<br>m/10kseries2016no3 |
| Sun, 18 Dec         | 9.00am | Christmas Party                                | n/a            | Social    | Deadman's Gully, Clifton Beach | https://regonline.activeglobal.co<br>m/10kseries2016no3 |

# 2016 Dynamic Running Calendar

### Other events

| Confirmed Date, 2016 |                    | Name of Event                                      | Organisation                    |  |  |
|----------------------|--------------------|--|---------------------------------|--|--|
| Confirmed            | Sun, 10 Jan        | Hobart Marathon                                    |                                 |  |  |
| Confirmed            | Tues, 26 Jan       | Australia Day Fun Run                              | Cairns Road Runners             |  |  |
| Confirmed            | Wed, 27 Jan        | School starts for 2015                             |                                 |  |  |
| Confirmed            | Sun, 28 Feb        | Rare Disease Fun Run                               | Rare Diseases                   |  |  |
| Confirmed            | 25 March - 10 Apr  | School holidays (Easter 25-28 March)               |                                 |  |  |
| Confirmed            | Sun, 10 Apr        | Australian Running Festival (Hobart)               |                                 |  |  |
| Confirmed            | Sun, 08 May        | Mother's Day Classic                               |                                 |  |  |
| Confirmed            | Fri-Sun, 13-15 May | Great Wheelbarrow Race                             |                                 |  |  |
| Confirmed            | Wed-Sun, 11-15 May | Ultra Trail Australia & Trail Running Conference   |                                 |  |  |
| Confirmed            | Sun, 15 May        | Black Snake Trail Race                             | Cairns Road Runners             |  |  |
| Confirmed            | Sun, 15 May        | Great Ocean Road Race                              |                                 |  |  |
| Confirmed            | Sun, 22 May        | Cairns 2 Kuranda Train Race                        | Trinity Family Chiropractic     |  |  |
| Confirmed            | Sun, 05 June       | Cairns Airport Adventure Festival, Coral Coast     |                                 |  |  |
| Confirmed            | Sun, 12 June       | Cairns Airport Adventure Festival, Ironman 12 June |                                 |  |  |
| Confirmed            | Sat, 18 June       | The BeachRuns@Mission                              | Cassowary Coast Multisport Club |  |  |
| Confirmed            | 24 June- 10 July   | School holidays                                    |                                 |  |  |
| Confirmed            | Sun, 26 June       | NQ Games   |                                 |  |  |
| Confirmed            | 25 June – 01 July  | Cairns to Karumba Bike Ride                        |                                 |  |  |
| Confirmed            | Sun, 03 July       | Gold Coast Marathon                                |                                 |  |  |
| Confirmed            | Sun, 24 July       | Copperlode Cup                                     | Cairns Road Runners             |  |  |
| Confirmed            | Sun, 17 July       | Airlie Beach Running Festival                      |                                 |  |  |
| Confirmed            | Sun, 07 Aug        | Townsville Running Festival                        |                                 |  |  |
| Confirmed            | Sat, 13 Aug        | Great Pyramid Race                                 |                                 |  |  |
| Confirmed            | Sun, 14 Aug        | City to Surf, Sydney                               |                                 |  |  |
|                      |                    | TriPort Triathlon Festival                         |                                 |  |  |
| Confirmed            | Sun, 21 Aug        | Sunshine Coast Marathon Festival                   |                                 |  |  |
| Confirmed            | Sat, 27 Aug        | Cairns parkrun, 3rd Anniversary                    |                                 |  |  |
| Confirmed            | Sun, 4 Sept        | Blue September Father's Day Challenge              |                                 |  |  |
| Confirmed            | 17 Sept - 03 Oct   | School holidays                                    |                                 |  |  |
| ТВС                  | 17-18 Sept         | Cardiac Challenge                                  |                                 |  |  |
| Confirmed            | Sun, 18 Sept       | Sydney Marathon Festival                           |                                 |  |  |
| Confirmed            | Sun, 2 Oct         | Cairns Half Marathon                               | Cairns Road Runners             |  |  |
| Confirmed            | Sun, 16 Oct        | Melbourne Marathon Festival                        |                                 |  |  |
| Confirmed            | Sun, 6 Nov         | Great Barrier Reef Marathon Festival               |                                 |  |  |
| Confirmed            | 10 Dec - 22 Jan    | School holidays                                    |                                 |  |  |