

2017 Dynamic Running Calendar of events

Date, 2017	Time	Name of Event	Distance/s	Event Type	Location	Description	Registration link
4 Oct - 8 Nov	5.30pm	Beginner Runners' Clinics	2-4km	Training, road	Greenslopes Street, opposite the Rhondo Theatre	6 sessions for Beginner Runners	https://regonline.activeglobal.com/learn2run2017
8-Oct	7.00am	Clifton Beach Race/Run, Series 2, Race #1	10km	Road race	Deadman's Gully, Clifton Beach	An opportunity to participate in a series of two races/runs over 3km, 5km or 10km.	https://regonline.activeglobal.com/10kseries2017no2
Sun, 5 Nov	8.00am	Trail Series: Atherton Forest Trail Race	6km or 10km	Trail race	Mt Baldy walking track		https://regonline.activeglobal.com/atherton2017
12-Nov	6.00am	Clifton Beach Race/Run, Series 2, Race #2	10km	Road race	Deadman's Gully, Clifton Beach	An opportunity to participate in a series of two races/runs over 3km, 5km or 10km.	https://regonline.activeglobal.com/10kseries2017no2
Sun, 19 Nov	8.00am	Black Mountain Trail Training run	10 o 21.1km	Training run			-
Sun, 26 Nov	7.00am	Trail Series: Black Mountain Trail Race	21.1km or 35km	Trail race			https://regonline.activeglobal.com/blackmountain2017
3-Dec	6.00am	Clifton Beach Race/Run, Series 3, Race #1	10km	Road race	Deadman's Gully, Clifton Beach	An opportunity to participate in a series of two races/runs over 3km, 5km or 10km.	https://regonline.activeglobal.com/10kseries2017no3
Sun, 7 Jan 2018	6.00am	Clifton Beach Race/Run, Series 3, Race #2	10km	Road race	Deadman's Gully, Clifton Beach	An opportunity to participate in a series of two races/runs over 3km, 5km or 10km.	https://regonline.activeglobal.com/10kseries2017no3

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Sun, 7 Jan	6.00am	Clifton Beach Race/Run, Series 3, Race #2	10km	Road race	Deadman's Gully, Clifton Beach	An opportunity to participate in a series of two races/runs over 3km, 5km or 10km.	https://regonline.activeglobal.com/10kseries2017no3
Sun, 21 January	6.00am	Dynamic Running Club Sign-On	n/a	Social	Deadman's Gully, Clifton Beach	Now in its 4 th year of operation Dynamic Running provides regular weekly group training sessions, road running, trail running, fun runs, long runs and Beginner Runners' Clinics. Individual membership (16 year and older) is \$100, or \$65 if you are a returning member, while junior membership (U16) is \$40.	https://regonline.activeglobal.com/dynamicrunningmembersh
21 Jan & 11 Feb	6.00am	Clifton Beach Race/Run, Series 1	10km	Road race	Deadman's Gully, Clifton Beach	An opportunity to participate in a series of two races/runs over 3km, 5km or 10km.	https://regonline.activeglobal.com/10kseries2018no1
Wed, 24 Jan - 28 Feb	5.30pm	Beginner Runners' Clinics	2-4km	Training, road	Goomboora Park, Shale Street	6 sessions for Beginner Runners	https://regonline.activeglobal.com/learn2run2018
Tue, 23 Jan - 24 Aug		Squad			Various		https://regonline.activeglobal.com/squad2018
Sat, 3 Feb	5.00pm	Smithfield Trail Race	5-8km	Training	Smithfield Conservation Park, Macgregor Road	Training run in the Smithfield Conservation Park.	-
Wed, 7 Feb - 28 March	6.00pm	FREE training for Dynamic in a Dress	3-12km	Training, road	Goomboora Park	Included in your Dynamic in a Dress entry.	-
Sat, 17 Feb	5.00pm	Smithfield Trail Race	5-8km	Trail race	Smithfield Conservation Park, Macgregor Road	Smithfield Conservation Park	https://regonline.activeglobal.com/smithfield2018
Sun, 18 Mar	6.30am	5th Paws on the Path Fundraiser Fun Run/Walk	5km, 10km, Family Fun Run/Walk	Fun run, fundraiser	Isabella State School (TBC)	Back for its fifth year, this fun run/walk is a fundraiser for the Young Animal Protection Society in Cairns. Bring your dog, bring the kids, or just bring yourself. 3km, 5km or 10km. Run along the footpaths in Bentley Park.	https://regonline.activeglobal.com/pawsonthepath2018

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Sat, 14 Apr	7.00pm	Glow in the Dark Fun Run/Walk	Up to 4km	Fun run	Redlynch State School (TBC)	Dress up and glow in the dark with the other fun runners/walkers.	https://regonline.activeglobal.com/dynamicinadress2018
Sun, 15 Apr	6.00am	4th Dynamic in a Dress Running Festival	21.1km, 10km, 5km	Foot race	Redlynch State School (TBC)	The Dynamic in a Dress Running Festival is a female-focused event that celebrates female runners, their strength and their ability to use running as a means to connect with one another. Men are welcome to join in too. The festival hosts a half marathon, 10 km and 5 km races on the Sunday and a 'Glow in the Dark' Family Fun Run on the Saturday night. The entry fee includes a training program and group training sessions for locals. Age restrictions apply to the races.	https://regonline.activeglobal.com/dynamicinadress2018
18 Apr -23 May	5.30pm	Beginner Runners' Clinics	2-4km	Training, road	Greenslopes Street, opposite the Rhondo Theatre	6 sessions for Beginner Runners	https://regonline.activeglobal.com/learn2run2018
Sun, 29 April	7.00am	Speewah to Cedar Park (Day 1 of 3M3D) training run	18km	Training run	Speewah campground		-
Sun, 13 May	7.00am	Day 2 of 3M3D training run	35km	Training run	Cedar Park Road		-
Thurs, 24 May	7.00pm	Dynamic Running 3rd Members' Meeting & Anniversary Dinner	n/a	Meeting; Social	TBC		
Sun, 27 May	7.00am	Kauri Half Marathon training run (16+ only, conditions apply)	10km, 21.1km	Training run	Kuranda Visitor's Centre		
Sun, 17 June	7.00am	FREE Training Run: Cairns Marathon (18+ only)	42km +	Training run, Trail/Road	Clohsey River Road to base of Lake Morris		

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		Volunteer registration for 3M3D					https://vmodcui.active.com/volunteer/jobs?eventGroupId=584703
Thurs, 0 July	6.30pm-9.30pm	Pasta Party			Cairns Colonial Club Resort, 18-26 Cannon St, Manunda		https://regonline.activeglobal.com/3M3Dparty2018
Fri, 13 July	7.00am	4th Kauri Half Marathon (16+ only, conditions apply)	21.1km	Trail race, fundraiser	Kuranda	A tough race through the tropical rainforest in Far North Queensland, Australia. Mostly on dirt and single track with steep ascent and descent sections. There are two other events on the same weekend and over the same course, but with varying distances.	https://regonline.activeglobal.com/3M3D2018
Fri-Sun, 13-15 July	7.00am	7th Tailwind Nutrition 3 Marathons in 3 Days (18+ only)	126.6km	Trail race, fundraiser	Kuranda / Tablelands / Cairns	The Tailwind Nutrition 3 Marathons in 3 Days is a staged trail race in the tropical rainforests of Far North Queensland. It is run over three consecutive days over three different courses. This is the 7 th year of the race that is held on the Atherton Tablelands. Transport is provided. There are two other events on the same weekend and over the same course, but with varying distances. The Cairns Marathon and the Kauri Half Marathon.	
Sun, 15 July	7.00am	7th Cairns Marathon (18+ only)	42.2km	Trail/Road race, fundraiser	Cedar Park, Cedar Park Road	A multi-terrain race over dirt roads and bitumen through the Eucalypts and rainforest to finish in Cairns Queensland Australia. There are two other events on the same weekend and over the same course, but with varying distances. The 3 Marathons in 3 Days and the Kauri Half Marathon.	
18 June-23 July	5.30pm	Beginner Runners' Clinics	2-4km	Training, road	Greenslopes Street, opposite the Rhondo Theatre	6 sessions for Beginner Runners	https://regonline.activeglobal.com/learn2run2018
11 July -15 Aug	5.30pm	Beginner Runners' Clinics	2-4km	Training, road	Greenslopes Street, opposite the Rhondo Theatre	6 sessions for Beginner Runners	https://regonline.activeglobal.com/learn2run2018

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Sun, 26 Aug	6.00am	7th Kuranda to Port Douglas 64km Trail Race (18+ only)	64km	Trail race	Black Mountain Rd/Kennedy Highway	This point-to-point race starts just off Kennedy Highway in Kuranda and follows Black Mountain Road through native rainforest, open eucalyptus forest, pine plantations and over picturesque creeks. The finish is on Four Mile Beach, Port Douglas. There are three races available – the 64km K2PD Ultra, the 64km K2PD Relay and the 16km B2B.	https://regonline.activeglobal.com/k2pd2018
Sun, 26 Aug	6.00am	7th Kuranda to Port Douglas, 64km Relay (16+ only, conditions apply)	2-4 team members, 64km total	Trail race	Black Mountain Rd/Kennedy Highway		
Sun, 26 Aug	10.00am	7th Bump to Beach Trail Race (16+ only, conditions apply)	16km	Trail race	Top of Bump, Black Mountain Rd		
	4.00pm	Smithfield Trail Training run		Coaching session			-
Sept to Nov		Summer Squad					https://regonline.activeglobal.com/squad2018
	4.00pm	Smithfield Trail Training run		Coaching session			-
Sun, 2 Sept	7.00am	Clifton Beach Race/Run, Series 2, Race #1	10km	Road race	Deadman's Gully, Clifton Beach	An opportunity to participate in a series of two races/runs over 3km, 5km or 10km.	https://regonline.activeglobal.com/10kseries2018no2
Sun, 16 Sept	7.00am	Trail Series: Smithfield Trail Race	5 or 8km	Trail race	Smithfield Conservation Park, Macgregor Road	Trail race in the Smithfield Conservation Park.	https://regonline.activeglobal.com/smithfield2018Sept
Wed 3 Oct - 7 Nov	5.30pm	Beginner Runners' Clinics	2-4km	Training, road	Greenslopes Street, opposite the Rhondo Theatre	6 sessions for Beginner Runners	https://regonline.activeglobal.com/learn2run2018
Sun, 7 Oct	7.00am	Clifton Beach Race/Run, Series 2, Race #2	10km	Road race	Deadman's Gully, Clifton Beach	An opportunity to participate in a series of two races/runs over 3km, 5km or 10km.	https://regonline.activeglobal.com/10kseries2018no2
Sun, 4 Nov	8.00am	Trail Series: Atherton Forest Trail Race	6km or 10km	Trail race	Mt Baldy walking track		https://regonline.activeglobal.com/atherton2018
Sun, 11 Nov	6.00am	Clifton Beach Race/Run, Series 3, Race #1	10km	Road race	Deadman's Gully, Clifton Beach	An opportunity to participate in a series of two races/runs over 3km, 5km or 10km.	https://regonline.activeglobal.com/10kseries2018no3
Sun, 18 Nov	8.00am	Black Mountain Trail Training run	10 o 21.1km	Training run			-
Sun, 25 Nov	7.00am	Trail Series: Black Mountain Trail Race	21.1km or 35km	Trail race			https://regonline.activeglobal.com/blackmountain2018
Sun 2 Dec	6.00am	Clifton Beach Race/Run, Series 3, Race #2	10km	Road race	Deadman's Gully, Clifton Beach	An opportunity to participate in a series of two races/runs over 3km, 5km or 10km.	https://regonline.activeglobal.com/10kseries2018no3

