

Atherton Forest Trail Race, 5 November 2017

Race 1 of the Summer Trail Series

It was great to see this event back on the calendar this year. The last time it was held was on 8 March 2015, on the Atherton Forest Mountain Bike Trails. The race was dominated by the ladies (although the boys were much stronger overall) with 24 ladies and 15 men in attendance.

This year's event was held around the Mt Baldy-Mt Yabi Walking Circuit and one lap was approximately 7km. The competitors had a choice as to how many laps to do, and three the die-hards were game enough to tackle Mt Baldy twice, with Marc Barallon doing a reverse circuit for his second lap. We missed recording Eric Atkins' time, and for a while thought we had lost him out on this second lap. But alas, all good and he got home to Cairns just fine!

A big thank you to **Janette Jacob** who was our time-keeper for the day. A bit hectic on her own, so please check the results and let us know if you spot an error.

Heidi Sweeting also did a great job in not only getting the fruit sorted for after the run, but also picking up the tail runner job and supporting Nikki Paul, who had strained her ankle just past Mt Baldy.

After the run, everyone was invited for a coffee at the Railway Café, and lots of cheers went out to those who won their age categories and received ribbons. Anthony Ralph won the men's race and late entrant, Jeralyn Pickering smashed it home to make the ladies proud, 5th overall! A special congratulations also goes out to spring-chicken John Schreuder (okay, under 30 years old), who did the lap in 35 minutes 53 seconds. WOW. We will need to look for a prize for you too.

Dynamic Running's next event is the Clifton Beach Race on 12 November. The next race in the Summer Trail Series is the Black Mountain Trail Race on 26 November, with a training run over the course on the 19th of November. The Summer Trail Series will wrap up with two races on the tracks around the Smithfield Conservation Park on 3 and 17 February 2018. Who will still be standing to collect their trophy?

RESULTS:

Name	Age category	Time	Overall placing	Gender placing	Age category placing
2 LAPS					
Anthony Ralph	M 40-49	1.36.00	1	1	1
Colin-Paul Potts	M 30-39	1.51.11	2	2	1
Gary Venz	M 40-49	1.52.50	3	3	2
Marc Barallon	M 30-39	1.52.50	4	4	2
1 LAP					
John Schreuder	M 18-29	35.53.00	1	1	1
Mark Alba	M 40-49	42.05.00	2	2	1
Craig Langdon	M 30-39	43.22.00	3	3	1
Ryan Mawdsley	M 30-39	46.00.00	4	4	2
Jeralyn Pickering	F 30-39	46.50.00	5	1	1
Timothy Jack	M 30-39	51.45.00	6	5	3
Matt Jacob	M 30-39	54.11.00	7	6	4
Imogen Coates-Marnane	F 30-39	58.00.00	8	2	2
Eric Atkins	M 50-59	58.55.00	9	7	1
Suzanne Rath	F 30-39	59.00.00	10	3	3
Tony Marnane	M 60-69	59.10.00	11	8	1
Kerry Pyke	M 40-49	1.00.00	12	9	2
PIERRE TOUCHE	M 18-29	1.00.40	13	10	2
Larry Lawson	M 50-59	1.01.00	14	11	2
Jess Proctor	F 30-39	1.01.26	15	4	4
Michelle Schurmann	F 40-49	1.01.59	16	5	1
Rachel Pollard	F 30-39	1.02.30	17	6	5
Megan Ponder	F 18-29	1.05.37	18	7	1
Laura Garner	F 50-59	1.05.41	19	8	1
Michelle Traill	F 40-49	1.06.00	20	9	2

Jeanette	Gegg	F 40-49	1.07.03	21	10	3
Michelle	Jones	F 18-29	1.07.30	22	11	2
Amy	Keeble	F 18-29	1.10.25	23	12	3
Sharon	Waller	F 50-59	1.10.47	24	13	2
Karma	Orr	F 30-39	1.11.07	25	14	6
Jenifer	Hales	F 40-49	1.11.45	26	15	4
Chrissy	Warman	F 40-49	1.13.00	27	16	5
Janeine	Romein	F 40-49	1.13.11	28	17	6
Sandi	Thomsen	F 30-39	1.15.25	29	18	7
Rebecca	Brady	F 30-39	1.26.00	30	19	8
Leanne	Lyduard	F 40-49	1.26.00	31	19	7
Nerida	Foo	F 30-39	1.28.20	32	21	9
Lorraine	Lawson	F 40-49	1.40.15	33	22	8
Nikki	Paul	F 30-39	1.48.31	34	23	10
Heidi	Sweeting	F 40-49	1.48.31	35	24	9
William	Randich	M 18-29	DNS			
Allan	Waller	M 50-59	DNS			



Winners Anthony Ralph and Jeralyn Pickering





Coffee at the Railway Café after the race



Widow's Peak Lookout – maybe we will include this in the race NEXT time?!