

Clifton Beach Series #3, Race 1 of 2, 3 December 2017

10km Clifton Beach Race records:

Male series record holder: Jonathan Camilleri 1.16.17 for 2 races held on 8 Oct 2017 and 12 Nov 2017.

Male individual 10km record holder: Bryan O'Mahony 37:30 on 28 Aug 2016.

Female series record holder: Danielle O'Brien 1.31.12 for 2 races held on 8 Oct 2017 and 12 Nov 2017.

NEW! Female individual 10km record holder: Tracy Marcel 44:48 (2nd overall) on 3 Dec 2017.

Race report for 3 December 2017

Thank you to the volunteers that made today's race possible:

Finish line: Colleen Harisson, Stacey Longmore, Janelle Bradridge and Sandi Thomsen

Water stop at the Palm Cove Jetty: Glen Longmore

Set up and marshalling: Larry Lawson, Wayne Harisson and Allan Waller

Shopping: Lorraine Lawson

Result processing: Lorraine Lawson

Congratulations to the runners who joined in the race today. A bit of a hot one towards the end, but at least today there were no reports of 'incidents' with the stall holders along Palm Cove for those running the 10km race. The series winners will be announced at the next race on 7 January 2018. This is going to be an interesting one, with Marc Barallon determined to take out the win (he's going to be training over the Christmas Break) and with Tracy Marcel hoping to come back to claim the trophy for the females. Tracy set a new course record today in a time of 44 minutes 48 seconds – taking out second overall position. Fantastic work. Series #2 winner and record holder, Danielle O'Brien, came in second for the ladies today, followed by Rachel Matthews.

It was great to have the two boys back doing their second 10km race with us. If they turn up on 7 January, they'll be in for the series trophy, just like the rest of the competitors. Tj from the Deadly Runners crew took came in 3rd for the males in the 10km runners, behind the two Dynamic Running club members, Marc Barallon and Quinn Lawson.

There were a couple of give-away prizes, a box of chocolates and an orchard each for the male and female winners of the 10km.

10km Male winners:

1st Marc Barallon 43:30

2nd Quinn Lawson 45:09

3rd Tj Cora 45:17

10km Female winners:

1st Tracy Marcel **new course record** 44:48 (2nd overall)

2nd Danielle O'Brien 45:58

3rd Rachel Matthews 49:22

5km winners

1st Claire Lenton 21:38

2nd Trevor Beck 21:45

3rd Ruth Bullen 25:13

The full set of results, including the times for the 5km and 3km, are given below.

The next Dynamic Running race is the next race in this current Clifton Beach Series on Sunday, 7 January 2018 followed by first 2018 series of the Clifton Beach Races on 21 January and 11 February.

Results for Clifton Beach Series #3, Race 1 of 2.

10km

| Overall finish position | Time | Name | Age cat | Age cat position |
|-------------------------|---------|-------------------|---------|------------------|
| 1 | 43:30 | Marc Barallon | M 30-39 | 1 |
| 2 | 44:48 | Tracy Marcel | F 30-39 | 1 |
| 3 | 45:09 | Quinn Lawson | M 30-39 | 2 |
| 4 | 45:17 | Tj Cora | M 18-29 | 1 |
| 5 | 45:58 | Danielle O'Brien | F 18-29 | 1 |
| 6 | 47:06 | Brad Miller | M 30-39 | 3 |
| 7 | 49:05 | Matthew Coxon | M 30-39 | 4 |
| 8 | 49:22 | Rachel Matthews | F 40-49 | 1 |
| 9 | 50:06 | Matthew Mitchell | M 40-49 | 1 |
| 10 | 50:59 | Cameron Garven | M 12-15 | 1 |
| 11 | 52:05 | Jane Sherriff | F 40-49 | 2 |
| 12 | 52:36 | Viv Matthews | M 50-59 | 1 |
| 13 | 53:54 | Catherine Coller | F 50-59 | 1 |
| 14 | 54:10 | Todd Stein | M 50-59 | 2 |
| 15 | 55:05 | Angela Lyons | F 30-39 | 2 |
| 16 | 56:36 | Paula Schoepflin | F 30-39 | 3 |
| 17 | 56:53 | Denise Naylor | F 40-49 | 3 |
| 18 | 57:13 | Toni Iacutone | F 30-39 | 4 |
| 19 | 57:14 | Zoe Gill | F 40-49 | 4 |
| 20 | 58:04 | Ian Campigli | M 50-59 | 3 |
| 21 | 59:03 | Birgit Machnitzke | F 40-49 | 5 |
| 22 | 1:00:24 | Sean Hampson | M 50-59 | 4 |
| 23 | 1:01:20 | Helen Leicht | F 50-59 | 2 |
| 24 | 1:02:27 | Heidi Sweeting | F 40-49 | 6 |
| 25 | 1:03:26 | Chrissy Warman | F 40-49 | 7 |
| 26 | 1:04:19 | Samuel Stein | M 12-15 | 2 |
| 27 | 1:04:34 | Sharon Waller | F 50-59 | 3 |
| 28 | 1:05:05 | Irene Williams | F 50-59 | 4 |
| 29 | 1:32:25 | Sandra Buckley | F 70 + | 1 |

5km

| Overall finish position | Time | Name | Age cat | Age cat position |
|-------------------------|-------|--------------------|---------|------------------|
| 1 | 21:38 | Claire Lenton | F Adult | 1 |
| 2 | 21:45 | Trevor Beck | M adult | 1 |
| 3 | 25:13 | Ruth Bullen | F Adult | 2 |
| 4 | 26:18 | Hugh Bradridge | M adult | 2 |
| 5 | 27:59 | Chris Cooper | M adult | 3 |
| 6 | 28:17 | Timothy David | M adult | 4 |
| 7 | 29:31 | Lachlan Bradridge | M U12 | 1 |
| 8 | 30:13 | Andrew Stevens | M adult | 5 |
| 9 | 32:34 | Sarah Chezick | F Adult | 3 |
| 10 | 32:41 | Lorraine Armstrong | F Adult | 4 |
| 11 | 32:41 | Morag Goodinson | F Adult | 5 |
| 12 | 33:18 | Katrina Donkin | F Adult | 6 |
| 13 | 36:48 | Sue Rayner | F Adult | 7 |
| 14 | 37:47 | Leigh Howser | F Adult | 8 |
| 15 | 38:45 | Helen Carmiggelt | F Adult | 9 |
| 16 | 41:16 | Marie-anne Gaidan | F Adult | 10 |
| 17 | 44:20 | Rhonda Zeylmans | F adult | 11 |

3km

| Overall finish position | Time | Name | Age cat | Age cat position |
|--------------------------------|-------------|------------------------|----------------|-------------------------|
| 1 | 15:35 | Zayn Lawson | M U12 | 1 |
| 2 | 17:21 | Leonard Leicht-Stevens | M 12-15 | 1 |
| 3 | 19:05 | Eddie Cooper | M U12 | 2 |
| 4 | 19:51 | Adele Lawson | F adult | 1 |
| 5 | 20:46 | Tara De Costa | F adult | 2 |
| 6 | 23:21 | Jacq Griffiths | F adult | 3 |