

Clifton Beach Series #2, Series Winners and Results for Race 2 of 2, 7 October 2018

Race director: Louise Bernstein

The morning started early as I woke up around 4am as didn't want to be late for my first race director role. I dragged my husband, Grant, out of bed to head off in search of ice at the service station to keep your water cool. Next stop was to put the turnaround cones out on the Arlington Esplanade & then before we knew it we were at Deadman's Gully. Lorraine's words were ringing around my head 'put the cones out where the path goes onto the road' – oops I knew I forgot something. Luckily Peter & Leith Wallace came to the rescue and they went to place out the cones and the 'Runners on path' sign. As usual, Larry Lawson set out the rest of the course markers. We set up for registration and thanks to Stacey Longmore and Lorraine Armstrong it all ran smoothly. We even had a few people sign up for the day including some first timers.

We had the following:

10Km 25 females, 10 males

5Km 5 females, 2 males

3Km 1 female

Total: 43 runners

My first race briefing went well (well I thought so!) and before I knew it everyone was off on the run, started ably by Peter Wallace. Cairns had flicked the humidity switch overnight so it was a bit more humid than we have been used to but it was a perfect calm day with a spectacular sunrise. I enjoyed my 5km run saying 'Good Morning' to all the locals and dogs out on the path including a gentleman who was speed walking nearly faster than I was running. I hear reports that it was really busy in Palm Cove as the markets were on but luckily everyone made it back. I also heard that some were tempted to stop for a coffee or a bacon roll but luckily they all resisted the temptation until later.

I handed out the trophies to the series winners: Danielle O'Brian and Derek McDonagh and the ribbons were handed out on a demand basis as Lorraine and I were trying to work out where everyone came – this seemed to work well but please let us know if you didn't manage to see us for your ribbon at the next event and collect it then. The Clifton Series #3 is on 11 November and 2 December 2018, and we also have the Atherton Forest Trail Race and Black Mountain Trail Race coming up in November.

Thanks to all my volunteers, it made my role very easy having such a great team.

Course set up/pull down

Larry Lawson

Finish line

Peter Wallace - time keeping

Janelle Bainbridge - scanning

Amanda Graven - tags

Angela Lyons - photographer

Lorraine Armstrong – check-in & recording

Marshals

Larry Lawson

Grant Moulang

Remote water stop - Glen Longmore

Shopping, catering & check-in - Stacey Longmore

Water barrel filling and course set up - Leith Wallace

Until next time,

Race director Louise Bernstein

Male series record holder: Jonathan Camilleri 1.16.17 for 2 races held on 8 Oct 2017 and 12 Nov 2017.

NEW! Male individual 10km record holder: Bryan O'Mahony 37:30 on 11 February 2018, matching his time from 28 August 2016.

NEW! Female series record holder: Danielle O'Brien 1.24:15 for 2 races held on 2 Sept and 7 Oct 2018.

NEW! Female individual 10km record holder: Danielle O'Brien 41:25 on 2 Sept 2018.

2018 Clifton Beach Series #2 CONTENDERS AND WINNERS, 2 September and 7 October 2018

Overall placing	Male		2-Sep	7-Oct	Cumulative time
1	Derek	Mcdonagh	43:20	44:32	1:27:52
2	John	O'Grady	46:17	47:11	1:33:28
3	Hugh	Bradridge	47:50	48:22	1:35:39
4	Cameron	Garven	48:09	49:14	1:37:23
5	Heath	Eaves	49:09	50:09	1:39:18
6	Andrew	Garven	57:34	57:38	1:55:12
7	Lawrence	Garven	1:05:15	1:07:47	2:13:02

Overall placing	Female		2-Sep	7-Oct	Cumulative time
1	Danielle	O'Brien	41:25	42:50	1:24:15
2	Clare	Zappala	49:18	48:38	1:37:56
3	Michelle	Schurmann	51:05	49:08	1:40:13
4	Faith	Atkins	52:00	52:01	1:44:01
5	Sandi	Thomsen	56:12	58:24	1:54:36
6	Diane	Batty	58:49	7:52	1:56:41
7	Clare	Hopper	58:42	:58:30	1:57:12
8	Andrea	O'Grady	57:36	1:01:17	1:58:53
9	Lyn	Haltiner	57:12	1:02:38	1:59:50
10	Alarna	Hodges	1:01:19	1:01:40	2:02:59
11	Leigh	Howser	1:05:35	1:11:20	2:16:55
12	Liz	O'Connor	1:08:13	1:09:28	2:17:41
13	Morag	Goodinson	1:09:42	1:05:40	2:15:22

Results for Race 2 of 2, 7 October 2018

10km

Overall placing	Time	Name	Age Category	Age Category placing
1	41:07	Bryan O'Mahony	M 30-39	1
2	42:50	Danielle O'Brien	F 18-29	1
3	43:32	Rankin Salinas	M 18-29	1
4	44:32	Derek Mcdonagh	M 40-49	1
5	44:57	Marc Barallon	M 40-49	2
6	47:11	John O'Grady	M 50-59	1
7	48:22	Hugh Bradridge	M 40-49	3
8	48:26	Jane Sherriff	F 40-49	1
9	48:38	Clare Zappala	F 18-29	2
10	49:08	Michelle Schurmann	F 40-49	2
11	49:14	Cameron Garven	M 12-15	1
12	50:09	Heath Eaves	M 40-49	4
13	51:36	Tegahn Maitland	F 30-39	1
14	52:01	Faith Atkins	F 50-59	1
15	52:48	Louise Forbes	F 60-69	1
16	56:49	Dianne Power	F 60-69	2
17	57:35	Alison Jordan	F 50-59	2
18	57:38	Andrew Garven	M 50-59	2
19	57:52	Diane Batty	F 60-69	3
20	58:08	Amy Flower	F 30-39	2
21	58:24	Sandi Thomsen	F 40-49	3
22	58:30	Clare Hopper	F 50-59	3
23	59:34	Sioux Campbell	F 50-59	4
24	1:01:17	Andrea O'Grady	F 50-59	5
25	1:01:40	Alarna Hodges	F 30-39	3
26	1:02:38	Lyn Haltiner	F 50-59	6
27	1:02:59	Sharon Waller	F 50-59	7
28	1:03:58	Carmela Brockhurst	F 40-49	4
29	1:05:40	Morag Goodinson	F 50-59	8
30	1:07:47	Lawrence Garven	M 12-15	2
31	1:09:28	Liz O'Connor	F 50-59	9
32	1:11:20	Leigh Howser	F 50-59	10
33	1:15:51	Leith Wallace	F 60-69	4
34	1:33:37	Stacey Longmore	F 30-39	4

5km

Overall placing	Time	Name	Age Category	Age Category placing
1	23:00	Monique Harmer	F 40-49	1
2	25:37	Ian Campigli	M 50-59	1
3	25:41	Margie Shearer	F 50-59	2
4	27:00	Denise Naylor	F 40-49	3
5	28:44	Lachlan Bradridge	M U12	1
6	35:12	Sue Rayner	F 50-59	4
7	40:23	Louise Bernstein	F 40-49	5
8	42:14	Jasmine Kitchen	F 16-17	1
9	42:14	Petrina Kitchen	F 40-49	6

3km

Overall placing	Time	Name	Age Category	Age Category placing
1	13:21	Grace Campbell	F U12	1