

Preliminary results: Dynamic in a Dress, 27 March 2022

Race director: Anthony Ralph

Race report by Anthony Ralph

With more glitz and glamour than any major horse racing carnival some of the entrants turned up to the **2022 Dynamic in a Dress** start line looking like they had just returned from the recent Sydney Mardi Gras. In other words, looking quite spectacular in their frocks and it was great to see so many turning out and supporting the event.

Weather gods turned it on for the morning, and although the prediction was for a slightly wet and slippery track, the conditions turned out to be great for running even though it started to warm up as the morning progressed. The first wave of runners to hit the pathways were the early starters in the 21.1k event leaving at 5:30am and just allowing themselves an extra half hour to get back to the finish line before the temp kicked in. Head lamps were compulsory as the sun hadn't quite hit the valley and the first 20 minutes or so of the run were in the dark. After they got underway the volunteers then got ready for the next wave of remaining 21.1k runners. During the preceding's, Kevin got a little bit too cheeky for the timekeeping ladies to handle, but it put a smile on their faces and had them laughing like little school girls. Exactly 30mins after the first wave, the second wave hit the paths.

This then left the bulk of the runners participating in the 10k event to get ready to run. After a quick race brief and at 6:30am these 40 plus runners got going. Little did we know that we were about to get a new race record for the 10k male, with runner Lachlan McIntosh returning to the finish line in a super quick time, and hardly giving us time to get the bananas ready, of 36 minutes and 52 seconds. He was physically exhausted but pleased with his result and was more pleased to give his little bubs a cuddle upon his return.

The finish for the winning place in the 21.1km race came down to the last 400m, when both Derek and Kryssi entered the school oval within reaching distance of each other. With about 250m left to go, Derek upped the pace slightly and moved marginally away from Kryssi to take out 1st place in the half marathon with a time of 1 hour 39 minutes and 24 seconds, with Kryssi 6 seconds behind him. Well done to Derek and Kryssi. After all that excitement, there was a steady stream of finishers coming over the line to complete either the 10k or 21.1k race. Looks of exhaustion, elation and overall happiness were on all the faces as they crossed the finish line.

A big thank you goes out to all the 17 volunteers whom made this event possible. They all provide a piece for the puzzle on the day and without their help the event would not be able to go ahead. Marshalls on course, Timekeeping, Course set up/pack down and the prizes and medals, Thanks you all. Also thank you to the athletes that turned up and participated in the event. It is great to see runners of all abilities aim for a goal to achieve on the day. Some turned up to complete their first half marathon and others turned up to see if they could simply get through the distance and enjoy the finish.

Volunteers:

Timekeeper	Leigh	Howser
Tags	Marnie	Carrison
Scanning	Catherine	Coller
Scanning	Rowan	Wilson
Medals and roses	Junior Wilson	
Medals and roses	Bec	
Winners/prize-giving	Kalyra	Thompson
Manual recording of tags/bibs	Tricia	Gadsden
Manual recording of tags/bibs	Kate	Montgomery
Results (after the race)	Wayne	Harisson
Bananas - confirmed	Liz	Rogerson
MARSHALS		
Glenoma	Steve	Bartlett
Footpath into Goomboora	Alan	Dugan
The Rocks	Steve	Comport
Goomboora	Peter	WALLACE
Redlynch turnaround	Tobias	Schnell
Roving	Larry	Lawson

Dynamic in a Dress RECORDS
21.1km Male 1:25:47 (2020, Race 3, Jeff Herbert)
21.1km Female 1:33:33 (2019, Akane Goode)
10km Male 36:52 (2022 Lachlan McIntosh)
10km Female 43:05 (2021, Race 3, 17 October Janine Woodside)
10km Male U18 48:23 (2021, Race 3, Archie Evans)
10km Female U18 51:27 (2017, Bec Smith)

21.1k Podium

Category Male	Overall	Bib #	Name	Last name	Finish time
1	1	37	Derek	Mcdonagh	1:39:24
2	3	16	Brent	Gargan	1:40:04
3	5	23	Kevin	Durose	1:50:30
Category Female	Overall	Bib #	Name	Last name	Finish time
1	2	36	Kryssi	O'Hare Siplon	1:39:31
2	4	27	Helen	Durand	1:42:22
3	8	24	Juanita	Barter	1:52:59

10k Podium

Category Male	Overall	Bib #	Name	Last name	Finish time
1	1	1035	Lachlan	McIntosh	36:52 New course record
2	3	1044	Garry	Craven	50:46
3	9	1018	David	OBrien	54:32
Category Female	Overall	Bib #	Name	Last name	Finish time
1	2	1025	Kim	Adams	49:29
2	4	1034	Claire	McIntosh	51:19
3	5	1015	Hariana	Woodward	52:22

Juniors Podium

Category Junior	Overall	Bib #	Name	Last name	Finish time
1	22	1023	Archie	Evans	58:01

Full Results: Half marathon

Overall finish position	Bib #	Name	Last name	Finish time	Age category	Age category placing
1	37	Derek	Mcdonagh	1:39:24	M 50-59	1
2	36	Kryssi	O'Hare Siplon	1:39:31	F 40-49	1
3	16	Brent	Gargan	1:40:04	M 40-49	1
4	27	Helen	Durand	1:42:22	F 30-39	1
5	23	Kevin	Durose	1:50:30	M 40-49	2
6	25	Darryl	Wilkinson	1:51:10	M 50-59	2
7	8	Andy	Brench	1:51:52	M 50-59	3
8	24	Juanita	Barter	1:52:59	F 50-59	1
9	33	Reece	Bousfield	1:53:32	M 18-29	1
10	5	Kylie	Whitley	1:54:24	F 40-49	2
11	13	Gavin	Wild	1:56:08	M 30-39	1
12	31	Louise	Forbes	2:07:09	F 60-69	1
13	35	Clare	Vant	2:08:16	F 30-39	2
14	34	Sheryl	Webby	2:08:53	F 60-69	2
15	11	Christine	Twidale	2:09:30	F 40-49	3
16	20	Anne	Bartlett	2:13:31	F 50-59	2
17	7	Baz	Gadhvi	2:13:53	M 50-59	4
18	32	Clare	Hopper	2:14:07	F 50-59	3
19	19	Heidi	Sweeting	2:16:41	F 40-49	4
20	14	Irene	Williams	2:16:56	F 50-59	4
21	18	Mel	Veivers	2:22:01	F 40-49	5
22	30	Belinda	Hampton	2:22:16	F 40-49	6
23	29	Cathy	Campbell	2:29:52	F 50-59	5
24	4	Lorraine	Lawson	2:30:08	F 50-59	6
25	1	Colleen	Harisson	2:31:35	F 60-69	3
26	15	Morag	Goodinson	2:32:36	F 50-59	7
27	38	Sharon	Waller	2:35:54	F 50-59	8
28	26	Neil	Harrison	2:39:07	M 40-49	3
29	10	Paula	Rand	2:40:03	F 50-59	9
30	6	Lorraine	Armstrong	2:41:13	F 50-59	10
31	12	Marsha	Sparke	2:48:07	F 50-59	11
32	17	Veerendra	Sinha	2:48:40	M 50-59	5
33	28	Lyn	Haltiner	2:49:00	F 60-69	4
34	22	Nadia	Mead	2:51:57	F 50-59	12
35	21	Elizabeth	Rogerson	2:54:19	F 50-59	13
36	3	Rhonda	Zeylmans	2:54:54	F 50-59	14
37	2	Leith	Wallace	2:55:12	F 60-69	5
		Gemma	Hale	DNS		

10km

Overall finish position	Bib #	Name	Last name	Finish time	Age category	Age category placing
1	1035	Lachlan	McIntosh	36:52 Course record	M 30-39	1
2	1025	Kim	Adams	49:29	F 50-59	1
3	1044	Garry	Craven	50:46	M 60-69	1
4	1034	Claire	McIntosh	51:19	F 30-39	1
5	1015	Hariana	Woodward	52:22	F 40-49	1
6	1013	Lynette	Heweston	52:43	F 18-29	1
7	1022	Claire	McGuire	53:11	F 50-59	2
8	1042	Mary Anne	ELKINGTON	53:47	F 50-59	3
9	1018	David	OBrien	54:32	M 60-69	2
10	1024	Debbie	Burgess	54:49	F 60-69	1
11	1041	Tess	Glass	54:57	F 30-39	2
12	1031	Olivia	Hamer	55:21	F 30-39	3
13	1016	Jo	Easterbrook	55:59	F 40-49	2
14	1039	Kath	Plohl	56:18	F 50-59	4
15	1032	Gabrielle	Comerford	56:24	F 50-59	5
16	1033	Liz	Mair	56:35	F 30-39	4
17	1005	Sonia	Cridland	57:00	F 40-49	3
18	1036	Annemarie	Boss	57:38	F 40-49	4
19	1006	Josephine	Duncan	57:45	F 60-69	2
20	1009	Timothy	Dwyer	57:46	M 60-69	3
21	1038	Caroline	Deen	57:53	F 18-29	2
22	1023	Archie	Evans	58:01	M 12-15	1
23	1029	Tracey	Connolly	58:48	F 40-49	5
24	1002	Jo	Brench	58:57	F 40-49	6
25	1008	Claire	Bossingham	59:04	F 40-49	7
26	1019	Tracie	Bizant	1:00:38	F 50-59	6
27	1001	Lynda	Ackroyd	1:01:22	F 40-49	8
28	1040	Renee	Scott	1:01:23	F 30-39	5
29	1012	Josie	O'Shea	1:01:55	F 50-59	7
30	1026	Susan	Anderson	1:02:30	F 40-49	9
31	1027	Tracy	Mortimer	1:04:10	F 50-59	8
32	1010	Julie	Jeanes	1:04:43	F 50-59	9
33	1037	Debbie	Thompson	1:05:04	F 40-49	10
34	1028	Vanessa	Allen	1:05:54	F 40-49	11
35	1007	Lynda	Marshall	1:07:03	F 40-49	12
36	1043	Edita	Kludsky	1:07:38	F 50-59	10
37	1003	Kate	Montgomery	1:10:28	F 40-49	13
38	1017	Abigail	Lower	1:13:15	F 18-29	3
39	1030	Leigh	Gargan	1:13:29	F 40-49	14
40	1011	Suri	Moore	1:13:47	F 50-59	11
41	1020	Ricky	Fazldeen	1:16:21	F 60-69	3
42	1021	Louise	Bernstein	1:20:40	F 50-59	12
43	1004	Corrine	Wallace	1:24:37	F 40-49	15

Virtual Runners

Distance	Name	Last name	Result
21.1km	Gina	Finocchiaro	Completed in 2:44
21.1km	Tamara	Ryan	TBC
21.1km	Nina	Smith	TBC
21.1km	Mike	Tervit	TBC
21.1km	Lukas	Zalkalns	TBC
10km	Yvonne	Doveren	TBC
10km	Jordan	Hackett	TBC
10km	Thomas	Hackett	TBC
10km	Melanie	Stevens	TBC
10km	Michael	Wild	Completed in 49.21